

MENTAL HEALTH AND WELLBEING STRATEGY – ADVISORY PANEL

STAFF WHO HAVE EXPERIENCE OF A MENTAL HEALTH CONDITION

PURPOSE

To provide input from the perspective of UN staff members/personnel who have experience of living with a mental health condition (either themselves or a loved one) on deliverables under the Mental Health and Wellbeing Strategy. Input is particularly requested on those deliverables related to stigma reduction, to ensure that messaging is received with the intended impact across the UN common-system including field, regional and HQ duty stations, and across grades and contract type.

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The Advisory Panel is composed of volunteers from UN staff with a broad range of experiences with mental health issues (either themselves or a loved one).

All UN common-system staff, irrespective of grade, contract type, or duty station, are eligible. There is no limit to the membership of this group.

TASKS

Review material provided and provide feedback within 7 calendar days.

Ensure that the real and lived experiences of staff are considered within every element of the implementation of the Mental Health Strategy.

The roles taken on by advisory group members vary based on interest and experience. These roles vary from providing confidential advice about proposed initiatives, through to publicly telling personal stories about experiences of mental health issues in the UN workplace.

WAYS OF WORKING

The Mental Health Strategy Stigma Reduction Working Group will primarily guide the work of the Advisory Panel. The advisory panel comprises of staff from all regions, members of the group will interact virtually through videoconference, email, and other appropriate means.

SUPPORT PROVIDED

Members of the advisory panel have access to appropriate psychological support if required, particularly if they are speaking publicly about their experiences.

CONFIDENTIALITY

All information is treated with the strictest confidentiality and no identifiable information is used without the express prior permission of the individual staff member.

WHAT TO DO IF INTERESTED

Send an email marked confidential to: mhs@un.org.

